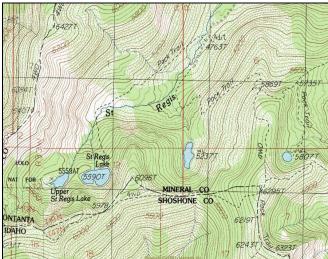
St. Regis Lake





Description: St. Regis Lake is a small (7.6 acres), semi-remote glacial cirque lake located near the Idaho border at the headwater of the St. Regis River. The lake lies at an elevation of 5,590 ft on the Lolo National Forest (Superior Ranger District).

Location: T19N, R33W, Section 12; Latitude N47.4265°, Longitude W 115.7430°; Nearest Town: St. Regis, MT

Access: To get to St. Regis Lake, take exit 0 from Interstate Highway 90 and use the secondary roads on the southwest side of the drainage. Stay on the higher of the two secondary roads for 1.1 miles from the interstate and take the small road that goes right and parallels (and eventually crosses) the St. Regis River. At mile ~1.3, this road ends at the USFS Trail #267 trailhead. St. Regis Lake lies ~ 1.5 miles up Trail #267.

Campsites and Use: St. Regis Lake lies in a semi-remote setting that receives moderate use. There is an established trail along the north side of the lake with multiple campsites and fire rings. 'Leave no trace' camping and recreating is encouraged.

Angling Opportunity: St. Regis Lake supports a brook trout population that has limited natural reproduction. Brook trout harvest is encouraged. Shoreline topography and access lends well to shoreline angling from over half of the lake's perimeter.

Stocking History: Stocking records indicate that St. Regis Lake was stocked with cutthroat trout in 1949 and 1950. The lake has not been stocked since 1950. Although there are no records of brook trout plants, the St. Regis Lake supports a self-sustaining population. Beginning in 2007, westslope cutthroat trout will be stocked in the lake to diversify the fishery.

Angling Pressure: Estimated angling pressure from Montana state-wide mail surveys in 1995-2005 was low and averaged 64 angler-days per year.

Other Nearby Lakes: Upper St. Regis Lake is less than 0.1 mile west of (lower) St. Regis Lake, but it is shallow and fishless. Copper Lake lies 1.7 miles east of St. Regis Lake. Travel to Copper Lake requires returning to the secondary roads, going east 1 mile, then taking USFS Trail #265 south for 1.3 miles.



